

SIGASIGA SANDS

Breakfast - Lunch Menu

Healthy and Fresh Breakfast

1. 2 French Toast with Cinnamon
2 Eggs (Scrambled, Fried, or Poached)
2 pieces toasted bread, jam, butter
tea/coffee/milo
Seasonal Fruits

FJ\$15.00



2. Pancakes with Golden Syrup
2 Eggs (Scrambled, Fried, or Poached)
2 Pieces toasted bread, Butter, Jam
Tea/Coffee/Milo
Fresh Fruits

FJ\$15.00



3. 3 Eggs Cheese Omelette
Toast Bread with Butter, Jam
Tea/Coffee/Milo
Fresh Fruits
2 Fried Sausage

FJ\$20.00



Sides



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Grilled Sandwiches:

Chicken Sandwich with vegies.....	FJ\$ 8.50
Chicken and cheese with vegies.....	FJ\$10.00
Egg sandwich with vegies.....	FJ\$ 6.50
Egg and cheese with vegies.....	FJ\$ 8.00
Cheese sandwich with vegies.....	FJ\$ 5.00



Burger

Chicken Burger, Fries and Salad.....	FJ\$15.00
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Hotdog

Fried Hotdog.....	FJ\$ 6.50
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Smoothie

Delicious combination of fresh fruits blended to perfection F\$ 7.00
Includes yoghurt/milk.



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Breakfast Menu

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Ala Carte

Stack Pancake.....	FJ\$ 5.00
Banana Pancake.....	FJ\$ 7.00
2 Coconut Muffins.....	FJ\$ 6.00
4 French Toast with Cinnamon.....	FJ\$ 6.00
2 Egg Omelette.....	FJ\$ 6.00
2 Scones.....	FJ\$ 5.00
1 Egg (scrambled/Poached/Fried).....	FJ\$ 2.00
2 Toasted Bread.....	FJ\$ 1.50
Tea, Coffee or Milo.....	FJ\$ 3.00
10 Donuts	FJ\$15.00
Chicken Pasta	FJ\$15.00
Chicken Salad	FJ\$15.00
Potato Egg Pasta Salad	FJ\$18.00
Seasonal Fruit Platter	FJ\$6.00
Cake/Pie, or Sweets (ask about the daily specials)	
1 can Coca Cola \$3.50 - - -Fruit Juice 100%/1 Liter \$7 - - - Fiji Gold stubby \$6	

◆Orders taken from arrival up to 5pm for NEXT DAY service. Breakfast served between 5:30AM to 9AM.

To place your order, call Chef Radhika 872-7981 or Sunita 243-1700.

◆Breakfast will be delivered Hot and Fresh to your villa.

◆Beach Service (\$10 surcharge)



SIGASIGA SANDS

Indo-Fijian Cuisine

Fresh, Local and Organic Whenever Possible

Orders Taken from 10:30AM to 5:30PM Daily

Sorry, no meat prepared Tuesday or Friday.

Roti: Favorite Hindi tortilla-type bread made fresh to order.

Dalo (Taro) and Cassava are popular Fijian root crops.

Chutney: Comes in three flavors – Tomato, Coconut or Eggplant.

Delivered

How Spicy do you like it? Please specify mild, medium or Hot when ordering.

1. **Chili Chicken** - Cooked in soy sauce, garlic and onion with carrots, chili and ginger. Served with rice or roti. \$15
2. **Chicken Curry**—Cooked with potatoes, garlic and other Indian curry spices. Served with Rice or Roti \$15
3. **Vegetable Curry**—Fresh long beans, garlic, onion, carrots, potatoes and curry spices. Served with Rice or Roti. \$12
4. **Fish Lolo**— Cooked in freshly made with coconut milk and our favorite herbs. \$15
Served with boiled Dalo or Cassava (please provide fish 3 hrs in advance)
5. **Lolo Vegetable or Chicken**— \$12/\$15
A classic Fijian dish cooked in freshly made coconut cream, garlic, onion, and carrots.
Served with boiled Cassava and Rice or Roti
6. **Stir Fry Vegetables or Chicken** - Served with Rice or Noodles and salad \$12/15
7. **BBQ Chicken** - Served with Salad and Dalo. \$15
8. **Lovo for Two** (Please order 24 hours in advance) \$80

Fiji Islands In-Ground Oven Style Cooking includes Chicken (whole), Dalo, and Palusami

(tomato, onion, garlic, coconut milk wrapped in taro leaves. with canned lamb mutton or veggie style)

BBQ Chicken



Chili Chicken



Vegetable Curry



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| 9. Chow Mein Noodles — Vegetable or Chicken | \$12/\$15 |
| 10. Fried Rice Vegetable or Chicken | \$12/\$15 |
| 11. Prawns Curry or Lolo-curry (seasonal) | \$18 |
| Local fresh water Prawns with onions, garlic, fresh coriander leaves, coco oil and milk. | |
| 12. Yoghurt Chicken | \$18 |
| Tender Chicken with onions, garlic, ginger, yoghurt, fresh turmeric, lemon juice | |
| 13. Lamb Curry or Lamb Lolo-curry | \$18 |
| New Zealand Lamb cooked in coco oil and milk, garlic, onion, masala, potato | |
| 14. Pumpkin Lolo with select herbs and spices | \$15 |
| 15. Fish is Special Order – If you wish to have a fish plate, please bring the fish from the market and we prepare it. | |

Samosa



Fried Rice



Fish Curry



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Side Dishes

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| 16. Dhal Soup | \$12 |
| Split pea, curry powder, onion, garlic and carrot, served with rice or roti. | |
| 17. Curry Dahl Soup Special | \$12 |
| Thick and delicious. Classic or Lolo-coconut flavor | |
| 18. Samosa | \$2 |
| Popular Indian snack or appetizer. Fried pastry filled with mixed vegetables and potato in a special curry blend. Minimum order: 3 pieces | |
| 19. Garden Salad | \$6 |
| Bed of sliced round cabbage or green leaf lettuce (when available)
Tossed with fresh cucumber, tomatoes, and carrot. Avocado seasonal. | |
| 20. Okra | \$6 |
| Steamed fresh okra with garlic and onion. | |
| 21. Chutney | \$6 |
| Tomato, Coconut or Eggplant. | |
| 22. Roti | \$1 |
| Favorite Hindi tortilla-type bread made fresh to order. | |
| 23. Boo | \$3 |
| Fresh Green Coconut cut with lid on top. | |



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|---|------|
| 24. Chicken Soup with rice | \$15 |
| 25. Bara (10 pieces) | \$5 |
| A favorite Hindi appetizer/starter. Split pea/dahl base, garlic, onion, little salt - fried | |
| 26. Red Tea (3 cup serving) | \$5 |
| 27. Kava Time | \$10 |
| This is most often a sitting session with family & friends. | |
| 28. Raita | \$12 |
| A unique hindi compliment to your meal. Yoghurt, onion, mint and spices | |

****Beach Service** \$10
If you would like to be served at the beachfront, we'll be happy to set your table there.

- ◆ To place your order, call Sunita 2431700.
- ◆ Foods will be delivered to your villa Fresh and Hot!
- ◆ Be sure to order how hot/spicy you like your food.

